



Inhaler Use in Horses

Using your inhaler and the care of your Spacer device the following steps should be adhered to strictly to ensure the effectiveness of this therapy:

- Warm the inhaler to body temperature before use.
- Shake the inhaler for 30 seconds.
- Remove the cap from the inhaler.
- Waste the first spray if it hasn't been used for more than 12 hours.
- Attach the inhaler to the spacer device – ensure that the inhaler is vertical.
- Ensure the mask is firmly in position with an airtight seal between it and the spacer device
- Watch the breathing pattern of the horse for a few breaths (this is often easiest if you monitor the valve movement on the spacer device), and actuate the inhaler once just before, or immediately after the horse begins to breathe in
- Allow a full inward breath to take in all of the spray.
- If possible, obstruct both nostrils after the horse have breathed in to enforce breath-holding for 5-10 seconds, and then allow the horse to breathe normally.
- Wait at least 30 seconds before shaking the inhaler again and giving the next spray.
- Record the number of doses used so that you know when the inhaler is empty, as it will continue to sound like it is giving the drug. Most inhalers contain 120 sprays.
- Your spacer device should be washed weekly in detergent – but DON'T rinse with water afterwards, instead your device should be left to drip dry overnight (don't towel dry)

A Uppal BVSc&AH MRCVS Director
L R Kilbee BVSc MRCVS
K Tappenden BVetMed BSc PhD MRCVS
N Hope BA VetMB MRCVS
C Kirk BA VetMB MRCVS
B Neal BVMSci MRCVS
S Allebone BVSc MRCVS
L B Allen MVetMed CertAVP MRCVS
O Yeung BVetMed MRCVS

Main Surgery – Registered Office:

White Mill Veterinary Centre
Ash Road, Sandwhich

Kent CT13 9JB

tel: 01304 611999
email: office@whitemillvets.co.uk

Branch Surgery:

Aylesham Veterinary Clinic
Unit 2A, Aylesham Business Park
Ackholt Road, Aylesham
Kent CT3 3AJ

tel: 01304 842444